

May is Stroke Awareness Month!

WHEN IT COMES TO **STROKE**

BE FAST  **CALL 911**

Any one of these **SIGNS** could mean a **STROKE**



Balance - Loss of Balance, Dizziness



Eyes - Vision Changes



Face - Facial Drooping, Severe Headache



Arms - Weakness, Numbness



Speech - Trouble Speaking, Confusion



Time - Call 911

What are risk factors I can control or change?

- Blood Pressure
- Smoking/Vaping
- Alcohol Intake
- Diabetes
- Weight management
- Cholesterol
- Physical inactivity
- Heart disease

What risk factors can I not control?

- Age
- Gender
- Heredity
- Race
- History of strokes

Ask your doctor what your specific risk factors are that you can or cannot control, and next steps.



SOUTH CAROLINA
DEPARTMENT OF
PUBLIC HEALTH